

**CARMELA VONLANTHEN DI NENNA SPIRIT OF SPORT AWARD**

In loving memory of Carmela

Carmela, who was a keen netball player and twin sister of one of our National Squad athletes and sister to another former player, flew up to a peaceful place in April 2020 after many years of illness.

Her strength and determination to continue, to live life to the full was evident to everyone who crossed her path. She was a very brave and courageous young lady and she fought to the end. Carmela set high objectives for herself, she never gave up despite the odds, she always strove to improve in all areas and she would wholeheartedly help, support and encourage others. She was happy to share her love of netball with others, including teaching girls in an orphanage in Nepal.

The Swiss Netball Committee thought that a fitting tribute to dear Carmela would be dedicate an award in her memory, an award that honours and remembers Carmela.

**Rules**

**Age range:** No age limit

**Nominations:** Players can nominate other players and/or themselves for a maximum of three nominations. This can be, for example, two single nominations and one collective nomination. Full names and their Swiss netball club/school must be cited. Maximum number of nominees for a collective award is three people from the same club/school.

**All nominated players must hold a Swiss Netball Individual Licence for the 2023-24 season.**

**Supporting documents:** Each nomination (individual or collective) must be supported by filling in form on the next page (one page limit) and answering the following questions:

1. What is the candidate’s definition of the spirit of sport? Why is that definition important for the candidate and for sports?
2. How does that candidate encourage team spirit (teamwork) and to play as a team in the candidate’s netball centre? Examples please.
3. How does the candidate contribute to the development of netball and/or other girls’ sports in the local community? (For example, how does the candidate see girls’ sports as contributing to the local community? What steps does the candidate take to involve many different girls in order to encourage the participation of diversity of girls and teamwork? What obstacles, if any, did the candidate have to overcome to do so?) Please give a few examples.

**Deadline:** 30 October 2024

Answers can be in English, French, German or Italian - all the languages that Carmela spoke.

Best answers will be fully developed ones, responding to the three questions. The prize will be awarded to the candidate(s) who best demonstrates team spirit, contribution to sports in the local community, and engagement with other girls in sports, as judged by the nominated selection committee.

The winner(s) will be announced at the next Junior Clubs tournament.

Please send all nominations to: admin@swissnetball.ch



**NOMINATION FORM**

Nominee’s full name and Member Centre:

Nominations full name and Member Centre:

Answer: